



Epiphany Spa & Wellness Inc.
15 – 1400 Cornwall Rd.
Oakville, Ontario L6J7W5
(416) 786-1609

Contractor:

Nurse Practitioner

Botox/Dysport Cosmetic Post-Treatment Instructions

Today, you have had injections with Botox/Dysport Cosmetic. The purified protein will work its way into the muscles in the treated areas and you will begin to feel and see some changes in about 1-3 days. The full effect will be apparent after 2 weeks.

After treatment, you may experience swelling, redness, pain, itching, discolouration and tenderness at the site of treatment. This will typically last for less than a couple of hours.

Additionally, although rare, red or swollen small bumps may occur for 2-3 days in some patients. If you need to apply make-up within 4 hours of your treatment, only use a gentle touch to avoid rubbing the treated area.

For 1 hour: Exercise treated areas (e.g. practice frowning, raising your eyebrows)

For up to 4 hours: Remain upright, do not rub treated area. You may apply makeup.

Rest of day: Refrain from strenuous physical activity, hot tub, sauna, facials and alcohol

Please book your follow up assessment at the 2 week mark, especially if this is your first Botox/Dysport treatment with our contractor. This will ensure that the nurse practitioner is able to see how YOUR facial muscles reacted to your treatment. For medical reasons, your results will be photographed and documented in your confidential patient file.

BOTOX/Dysport Cosmetic is a temporary procedure and at first you may find that your treatment results will last approximately 3-4 months. If you maintain your treatment appointments with the frequency recommended by our team, the duration of each treatment may last longer than 4 months.