

**HEALTH HISTORY FORM**

**For your information:**

An accurate health history is important to ensure that it is safe for you to receive a massage treatment. If your health status changes in the future, please let us know. All information gathered for this treatment is confidential except as required or allowed by law or accept to facilitate diagnosis (assessment) or treatment. You will be asked to provide within authorization for release of any information.

Name: \_\_\_\_\_ Telephone (residential): \_\_\_\_\_

Address: \_\_\_\_\_ (business): \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_ Email: \_\_\_\_\_

Date Of Birth (mm/dd/yy): \_\_\_\_\_ Occupation: \_\_\_\_\_

Who referred you? \_\_\_\_\_

**Consent to Treatment:** I provide my full voluntary and informed consent to treatment. I understand that I may change my mind regarding any aspect of my treatments at any time and upon informing my therapist of my decision. I may withdraw consent with the intent to alter or discontinue the treatment. Minors (16 years of age or under) must have a parent or legal guardian sign below to indicate consent to treatment.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Health History : Please indicate conditions you have or are experiencing.

**RESPIRATORY**

- chronic cough
- shortness of breath
- bronchitis
- asthma
- emphysema

**CARDIOVASCULAR**

- high blood pressure
- low blood pressure
- CCHF
- heart attack
- stroke/CVA
- pacemaker or similar
- heart disease
- varicose veins
- phlebitis

**DIGESTION**

- difficult digestion
- poor appetite
- excessive appetite
- constipation
- nausea
- liver/gall bladder

**OTHER CONDITIONS**

- loss of sensation
- diabetes
- (onset: \_\_\_\_\_)
- allergies
- (i.e. anaphylaxis/skin irritation)
- epilepsy
- cancer
- arthritis

**HEAD/NECK**

- vision problems
- vision loss
- ear problems
- hearing loss

**INFECTIONS**

- hepatitis
- TB
- HIV

**SKIN CONDITIONS**

- psoriasis
- eczema
- contagious conditions (specify: \_\_\_\_\_)

**WOMEN**

pregnant (due: \_\_\_\_\_)

**MENSTRUATION**

- heavy
- painful
- soft tissue joint discomfort & its nature
- neck: \_\_\_\_\_
- low back: \_\_\_\_\_
- mid back: \_\_\_\_\_
- upper back: \_\_\_\_\_
- arms: \_\_\_\_\_
- legs: \_\_\_\_\_
- knees: \_\_\_\_\_
- other: \_\_\_\_\_

What is your primary complaint?

\_\_\_\_\_  
\_\_\_\_\_

What is your general health status?

\_\_\_\_\_  
\_\_\_\_\_

Current Medications: \_\_\_\_\_ Primary Care Physician: \_\_\_\_\_

Condition it treats: \_\_\_\_\_ Address: \_\_\_\_\_

Surgery: \_\_\_\_\_ Date: \_\_\_\_\_

Nature: \_\_\_\_\_ Involvement in other health care: Yes \_\_\_ No \_\_\_

Injury: \_\_\_\_\_ Date: \_\_\_\_\_ If yes, please specify \_\_\_\_\_

Other Medical Conditions  
(ie. digestive, hemophilia, etc)

Of Special Note  
(presence of internal pins, artificial joints, etc)